For the men of this region, I pray that they

- Godly Seek first God's kingdom and His righteousness (Matt 6:33)
- Humble Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than themselves; do not merely look out for their own personal interests, but also for the interests of others. (Phil 2:3-4)

Wholesome speech from hearts full of love

- Let no unwholesome word proceed from their mouths, but only such a word as is good for edification according to the need of the moment, so that it will give grace to those who hear. (Eph. 4:29)
- Disciples Encourage the young men to be selfcontrolled. In everything set them an example by doing what is good. (Titus 2:6)
- Generous Do good, be rich in good works, be generous and ready to share (1 Tim 6:18)
- Pray
 Get on their knees three times a day, praying and giving thanks before God (Daniel 6:10)
- Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven them. (Eph. 4:32)

YOU ARE MORE POWERFUL THAN YOU THINK!